

The Sultan's School Year Plan 2018-2019, Physical Education

Date	Block	Week	KG	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6							
2-6 Sept 2018		1		Revision Weeks												
9-13 Sep- 18		2														
16- 20 Sep-18	Block 1	3	Ball Skills/ Movement Skills	Gymnastics/Mu liti-Skills	Gymnastics/Mu liti-Skills	Gymnastics & Benchball	Gymnastics Benchball	Gymnastics Striking and Fielding	Gymnastics Striking and Fielding							
23- 27 Sep-18		4														
30 - 05Oct-18		5														
07-11 Oct-18		6														
14 -18Oct-18		7														
21-25 Oct-18		8														
28- 01 Nov-18		9														
04-08 Nov-18		10								Game Skills	X-Country Invasion games	X-Country Invasion games	Catchball /Football	Catchball/Fo otball	Football Volleyball (Catchball)	Football Volleyball (Catchball)
11-15 Nov-18		11														
18-22 Nov-18	12															
25-29 Nov 18	13															
02-06 Dec 18	14															
09-13 Dec 18	15															
16-20 Dec 18	16															
21 Dec 18-05 Jan 19	2 Weeks		Term 1 Holiday													
06-10 Jan 19	Block 3	1	Swimming	Athletics/ Hand-eye coordination	Athletics/ Hand-eye coordination	Athletics Striking and Fielding	Athletics Striking and Fielding	Athletics & Basketball	Athletics & Basketball							
13-17 Jan 19		2														
20-24 Jan 19		3														
27-31 Jan 19		4														
03-07 Feb 19		5														
10-14 Feb 19		6														

17-21 Feb 19	Block 4	7	Fun Day Practice	Target Games Swimming	Target Games/ Swimming	Swimming & Unihoc	Swimming & Unihoc	Swimming & Unihoc	Swimming & Unihoc
24-28 Feb 19		8							
03-07 Mar 19		9							
10-14 Mar 19		10							
17-21 Mar 19		11							
24-28 Mar 19		12							
29-29 Mar 19	1 Week		Term 2 Holiday						

07-11 Apr 19	Block 5	1	Swimming Year 1 Games Transition	Striking and Fielding Invasion Games Parachute Games	Striking and Fielding Invasion Games Transition Games	Swimming & Racket Games	Swimming & Racket Games	Swimming & Badminton/Tennis	Swimming & Badminton/Tennis
14-18 Apr 19		2							
21-25 Apr 19		3							
28 Apr-2 May 19		4							
05-09 May 19		5							
12-16 May 19		6							
19-23 May 19		7							
02 – 06 June 19		8							
09-13 June 19		9							
			HOLIDAY						